

# SICK DAY GUIDELINES

PLEASE KEEP YOUR CHILD HOME IF HE/SHE HAS ANY OF THE FOLLOWING SYMPTOMS:



**FEVER- A TEMPERATURE ABOVE 100.4\*F (38\*C) BY ANY METHOD. YOUR STUDENT MAY RETURN WHEN FEVER-FREE FOR 24 HOURS (WITHOUT THE USE OF MEDICATION)**



**VOMITING- ANY UNEXPLAINED EPISODE IN THE PAST 24 HOURS. PLEASE KEEP THEM HOME FOR 24 HOURS AFTER THEIR LAST EPISODE**



**COUGH- SERIOUS, SUSTAINED COUGHING, SHORTNESS OF BREATH OR DIFFICULTY BREATHING- PLEASE KEEP STUDENT HOME UNTIL SYMPTOMS IMPROVE**



**DIARRHEA- TWO OR MORE UNEXPLAINED EPISODES OF WATERY OR LOOSE STOOLS IN 24 HOURS OR SUDDEN ONSET OF LOOSE STOOLS. MAY RETURN 24 HOURS AFTER THE LAST EPISODE.**

**\*MAKE SURE YOU ARE REACHABLE AT ALL TIMES-**

**PARENTS PLEASE BE CERTAIN THAT THE SCHOOL HAS A WAY TO REACH YOU. MAKE SURE YOUR PHONE NUMBERS- HOME, WORK AND YOUR CELL ARE AVAILABLE.**



**ANY SYMPTOMS THAT PREVENT THE STUDENT FROM ACTIVE PARTICIPATION IN USUAL SCHOOL ACTIVITIES OR STUDENT IS REQUIRING MORE CARE THAN SCHOOL STAFF CAN PROVIDE**